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## Incarcerated Boise Musician Releases Debut Record

Local Boise musician Geoff Maestas, of the band Various Lazy, who pled guilty to selling marijuana in 2007 and who is currently incarcerated in the Idaho State Correctional system for this crime, has released a CD of original music titled "*Lame Sick or Lazy*."

Various Lazy was formed as a cover band in 1996 in Moscow, Idaho, featuring lead singer and guitarist, Geoff Maestas. As often happens with college bands, the Various Lazy members graduated and went their separate ways. Maestas moved to Boise, ID where he began writing his own songs and arrangements as a band of one in his free time outside of work. Inspired by a decade of following the Grateful Dead, String Cheese Incident, Phish and other jam acts, Maestas gravitated towards inventive song arrangements and fantastical storytelling, while blending jazz, bluegrass, rock, and blues. It was Maestas' engineering left brain that inspired him to approach his music much like he approached his day job as a chemical engineer, deconstructing music down to its bare elements and putting those elements back together in new ways. As his songwriting gained momentum, he recruited Brian Fickle and Josh Skoro to the band in 2005 and, as a three-piece they began playing clubs and bars around Boise.

Just when the band had developed a following, Maestas was arrested for selling marijuana and suddenly the future of the group was bleak. As Maestas rapidly watched his free life and budding musical career cut short by the terrifying prospect of years in prison, he decided to do the only thing he could to keep any sanity: record an album. In the eight months that followed his arrest, Maestas brought together several talented session musicians and was able to make the album with the help of a large contingent of loyal and generous friends who offered both their moral and financial support in the form of recording time, web site development and hosting, sound system development, and much more. The result was *Lame Sick or Lazy*, a breathtakingly eclectic brew of tumbling, overspeeding roots rock ("Pocketful of Swayze"); Pink Floyd-esque prog melodrama ("Pillow Song"); jubilant Celtic swing ("Burnin' Alive"); and avant-jazz experimentation ("Sandwich").

On August 20th, 2007, just hours after recording the last track on the album, Maestas was sentenced to 10 years in prison with the possibility of parole after three years. Since then Maestas has moved through a couple of Idaho prisons and he currently resides at a work center facility in Boise.

Weaving together the hyper-kinetic, madman funk of the Talking Heads; the oddball punk jazz of Primus; the twangy, acoustic backbeat of Americana; and the rumbling rhythms of the blues, Various Lazy inject rock & roll with a heady dose of unpredictability and relentless energy. Fitting in, but not compromising its freak-flag hybrid to, the jam-band brotherhood of the Grateful Dead, Phish, and the String Cheese Incident, Various Lazy bow to unconventionality; in Various Lazy's world, there are no rules in art.

The record is available for sale in Boise at the Record Exchange. It's also sold as digital mp3 downloads on CDbaby.com, Digstation.com, Apple I-Tunes, Rhapsody, Napster, Amazon, Tradebit and several other music web sites.

Official Band Web Site: [www.variouslazy.com](http://www.variouslazy.com)

Myspace: [www.myspace.com/variouslazylive](http://www.myspace.com/variouslazylive)

Facebook: Various Lazy

