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About The Music of Various Lazy

Geoff Maestas - Electric Guitar, Acoustic Guitar, and Vocals.

Brian Fickle – Percussion

Josh Skoro - Bass Guitar

Weaving together the hyper-kinetic, madman funk of the Talking Heads; the oddball punk jazz of Primus; the twangy, acoustic backbeat of Americana; and the rumbling rhythms of the blues, Various Lazy inject rock & roll with a heady dose of unpredictability and relentless energy. Fitting in, but not compromising its freak-flag hybrid to, the jam-band brotherhood of the Grateful Dead, Phish, and the String Cheese Incident, Various Lazy bow to unconventionality; in Various Lazy's world, there are no rules in art.

Various Lazy's debut record, *Lame Sick or Lazy*, is a breathtakingly eclectic brew of tumbling, overspeeding roots rock ("Pocketful of Swayze"); Pink Floyd-esque prog melodrama ("Pillow Song"); jubilant Celtic swing ("Burnin' Alive"); and avant-jazz experimentation ("Sandwich").

The title cut, *Lame Sick or Lazy*, hops and crackles around like those pop rocks you used to eat as a kid. Listening to Evermore you get the feeling that something's different but you might not put your finger on the fact that the entire song has a series of key changes throughout the melody – something Maestas' music instructor told him couldn't be done with any degree of success. Each song tells a story, often a series of mishaps, escapades and haphazard exploits– putting you on the bus with the band for a joyfully chaotic journey.

Bonus: Several of the cuts (Burnin' Alive, Evermore, Abbatha, Breathe, & Pocketful of Swayze) are sweetened by the sometimes haunting and sometimes rockin' violin of Kayleigh Jack, a classically trained virtuosa and an ascending solo recording artist.

